

| Holiday Activities | Did you enjoy doing this? | Are you up to doing it the same this year? | Would you like to do it but with changes? | What type of changes? |
|--|----------------------------------|---|--|------------------------------|
| 1. Decorating inside the house. | | | | |
| 2. Decorating outside the house | | | | |
| 3. Decorating the tree | | | | |
| 4. Baking cookies, etc. | | | | |
| 5. Shopping for presents | | | | |
| 6. Sending cards | | | | |
| 7. Having a holiday party or dinner | | | | |
| 8. Attending religious service | | | | |
| 9. Listening to holiday music | | | | |
| 10. Exchanging gifts with family/friends | | | | |